

## Meeting Minutes

People in attendance: Dana Green, Pam Duggan, Adelaide Reilly, Melissa Whalen, and Lauren Flynn

1) Welcome

2) Approval of meeting minutes from December 5, 2022 (unable to locate)

3) Election of any Open Board Seats

Secretary - Lauren Flynn Voted in

Bolton Town Rep

Bolton PTO Liaison

Friends of SEPAC

Team Chairs communication: What is the procedure? How are Team Chair changes being communicated? The New Team Chair is Mike Pease. Lauren Mahoney, Katy Gionetti,

4) Potential Guest speaker topics

a) Caregiver fatigue - Parents need Respite

b) How to get our kids moving? - exercise and adaptive sports E.g. Yoga Boston University instructor

c) Autism - lived experiences

d) Executive function

e) Transition - Parents need information on DDS, SSI, SSDI, and Guardianship Mary O'Brien from the Lurie Center was helpful.

f) Speech and Language Pathologists, OTs as speakers Marriane Walker and Anne Nye opened up a Speech and Language Practice and OT practice

g) Stow/Bolton Police Department Webinar

h) Invite High School Students

- 5) SEPAC manual and Special Education guide: qualifications, services, process
- 6) Bylaw updates: amendment to add out-of-district representatives, 18-22 transitions program rep, and a Minuteman rep
- 7) Annual presentation to the School Committee - Leah Virvirito and Kirk Downing met to define Sepac Role. Leah Vivirito would like the Sepac to have a presentation at the September School Committee Meeting.  
  
Late March annual needs assessment survey. Survey that the Sepac has done in the past on the NRSD website school committee page. Recreate that.
- 8) Annual assessment survey- Send to students on 504 and IEPs. Are the services helpful? Harmful? CC parents. Will come from the Superintendent's office. Have that out by March
- 9) Save the date:
- 10) Other business items

School Committee Meeting - Math and Reading Specialists Coaches

**Thursday, March 9th 7:00-8:00 p.m.** - Next SEPAC Business meeting

**Wednesday, March 22, 6:30pm** Webinar with Brendan Mahan, M.Ed., MS., an internationally recognized ADHD/Executive Function expert, and an engaging, sought-after speaker. He is the producer and host of **the “ADHD Essentials” podcast.**

Brendan helps individuals, families, schools, and businesses manage the challenges of ADHD. His approach blends education, collaborative problem-solving, and accountability, with compassion, humor, and a focus on strengths and growth.

<https://www.adhdessentials.com/>

Leah Vivirito would like a Sepac member to attend the Budget Meeting and ask questions. E.g. How much funding do we get from the state? How much money does the school receive from MassHealth?

Are we going to teach typical students skills to understand and work with our kids?  
Teach staff to allow students to stim, eat certain food, different missions of the school.  
Administration -

Challenging ableism in education.

Find an Autism specialist. Hire teachers or consultants who understand Dyslexia and Autism.

18-22 Out of District Rep